



BLACK & GOLD CATERING



**TAKEOUT OR FREE DELIVERY TO THE
TOWSON AREA MONDAY - FRIDAY**

No minimum order and no delivery fee!

Please call 410-704-3480 or email bgcatering@towson.edu
by 5pm to place your order for the next business day

BREAKFAST \$7.50

Choice of pastry, muffin or sandwich

*All breakfast orders include fresh fruit cup, yogurt parfait,
and Tropicana Juice or bottled water**

Pastry options:

Coffee cake or bagel with cream cheese

House-baked muffins:

Blueberry, banana nut, or double chocolate chip

Breakfast sandwiches:

- Sausage, egg & cheese on English muffin
- Bacon, egg & cheese on English muffin
- Ham & Swiss on croissant
- Turkey bacon, egg & cheese on English muffin
- Vegetarian breakfast burrito with scrambled eggs, potatoes, peppers, onions, cilantro, cheddar cheese & salsa

*gluten-free options available upon request



BEVERAGES

Pepsi products:

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Dr. Pepper, Cherry Pepsi, MUG Root Beer, Ginger Ale

Pure Leaf Teas:

Lemon, sweet, unsweet, raspberry, raspberry chamomile, peach, peach hibiscus, mango hibiscus, cherry hibiscus

Tropicana fruit juice:

Orange, apple, grape, cranberry, lemonade

Bubly:

Grapefruit, blackberry, lime, cherry, peach, mango



LUNCH \$10

Choice of sandwich or salad

*All lunch orders include fruit, chips, a cookie and beverage**

Sandwiches

- Ham & Swiss with German honey dijon on a pretzel roll
- Grilled chicken with provolone & basil mayo on a baguette
- Chicken salad with dried cherry, apricot & walnut on a croissant
- Turkey breast with roasted garlic & lemon aioli, red onions, baby spinach & mozzarella on ciabatta
- Italian with ham, capicola, salami, provolone & spicy mayonnaise on focaccia

Salads

- Chicken Caesar salad with Caesar dressing
- Southwest chicken salad with romaine lettuce, diced tomatoes, cheddar cheese, black beans, corn salsa & chipotle ranch dressing
- Steakhouse salad with seasoned flank steak, red onions, baby spinach, chopped egg, seasonal vegetables & balsamic dressing
- Grilled salmon & mango salad with romaine lettuce, fresh mango, red peppers, scallions & sesame seeds
- Fall harvest salad with walnuts, dried fruit, goat cheese, barley & roasted sweet potatoes (vegetarian)

*vegetarian and gluten-free options available upon request

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