



# BLACK & GOLD CATERING



**TAKEOUT OR FREE DELIVERY TO THE  
TOWSON AREA MONDAY - FRIDAY**

**No minimum order and no delivery fee!**

Please call 410-704-3480 or email [bgcatering@towson.edu](mailto:bgcatering@towson.edu)  
by 5pm to place your order for the next business day

## **BREAKFAST \$7.50**

Choice of pastry, muffin or sandwich

*All breakfast orders include fresh fruit cup, yogurt parfait,  
and Tropicana Juice or bottled water\**

### **Pastry options:**

Cheese danish, coffee cake, or bagel with cream cheese

### **House-baked muffins:**

Blueberry, banana nut, or bran raisin

### **Breakfast sandwiches:**

- Sausage, egg & cheese on English muffin
- Bacon, egg & gouda on ciabatta
- Vegetarian breakfast burrito with scrambled eggs, potatoes, peppers, onions, cilantro, cheddar cheese & salsa

\*gluten-free options available upon request



## **BEVERAGES**

### **Pepsi products:**

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Dr. Pepper, Cherry Pepsi, MUG Root Beer, Ginger Ale

### **Pure Leaf Teas:**

Lemon, sweet, unsweet, raspberry, raspberry chamomile, peach, peach hibiscus, mango hibiscus, cherry hibiscus

### **Tropicana fruit juice:**

Orange, apple, grape, cranberry

### **Bubly:**

Grapefruit, blackberry, lime, cherry, peach, mango



## LUNCH \$10

Choice of sandwich or salad

*All lunch orders include fruit, chips, a cookie and beverage\**

### Sandwiches

- Ham & Swiss with German honey dijon on a pretzel roll
- Chesapeake shrimp salad wrap
- Grilled chicken with provolone & basil mayo on a baguette
- Flank steak with roasted garlic mayo, lettuce, tomato on sundried tomato focaccia
- Chicken salad with dried cherry, apricot & walnut on a croissant
- Turkey breast with roasted garlic & lemon aioli, red onions, baby spinach & mozzarella on ciabatta
- Mad Italian with ham, capicola, salami, provolone, lettuce, onion, tomato & honey mustard

### Salads

- Chicken caesar salad with caesar dressing
- Southwest chicken salad with romaine lettuce, diced tomatoes, cheddar cheese, black beans, corn salsa & chipotle ranch dressing
- Steakhouse salad with seasoned flank steak, red onions, baby spinach, chopped egg, seasonal vegetables & balsamic dressing
- Grilled salmon & mango salad with romaine lettuce, fresh mango, red peppers, scallions & sesame seeds

\*vegetarian and gluten-free options available upon request

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