

**\*\* CALL 410-704-3480 OR EMAIL BGCATERING@TOWSON.EDU BY 5PM TO  
PLACE YOUR ORDER FOR THE NEXT BUSINESS DAY \*\***

## **BREAKFAST**

### **CHOICE OF PASTRY, MUFFIN OR SANDWICH**

- Pastry options: cheese danish, coffee cake, or bagel with cream cheese
- House-baked muffins: blueberry, banana nut, or bran raisin
- Breakfast sandwiches:
  - Sausage, Egg & Cheese on English Muffin
  - Bacon, Egg & Gouda on Ciabatta
  - Vegetarian Breakfast Burrito with scrambled eggs, potatoes, peppers, onions, cilantro, cheddar cheese & salsa

**INCLUDES FRESH FRUIT CUP, YOGURT PARFAIT & TROPICANA JUICE OR BOTTLED WATER FOR \$7.50\***

\*GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

## **LUNCH**

**CHOICE OF SANDWICH OR SALAD. ALL ORDERS INCLUDE FRUIT, CHIPS,  
A COOKIE & BEVERAGE FOR \$10\***

### **SANDWICHES**

- Ham & Swiss with German Honey Dijon on a Pretzel Roll
- Chesapeake Shrimp Salad Wrap
- Grilled Chicken with Provolone & Basil Mayo on a Baguette
- Flank Steak with Roasted Garlic Mayo, Lettuce, Tomato on Sundried Tomato Focaccia
- Dried Cherry, Apricot & Walnut Chicken Salad on a Croissant
- Turkey Breast with Roasted Garlic & Lemon Aioli, Red Onions, Baby Spinach & Mozzarella on Ciabatta
- Mad Italian with Ham, Capicola, Salami, Provolone, Lettuce, Onion, Tomato & Honey Mustard

### **SALADS**

- Chicken Caesar Salad with Caesar Dressing
- Southwest Chicken Salad with Romaine Lettuce, Diced Tomatoes, Cheddar Cheese, Black Beans, Corn Salsa & Chipotle Ranch Dressing
- Steakhouse Salad with Seasoned Flank Steak, Red Onions, Baby Spinach, Chopped Egg, Seasonal Vegetables & Balsamic Dressing
- Grilled Salmon & Mango Salad with Romaine Lettuce, Fresh Mango, Red Peppers, Scallions & Sesame Seeds

\*VEGETARIAN AND GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST