

Breakfast and Lunch

To Go Meals

Prepared by Black & Gold Catering at Towson University

Continental Breakfast

Choice of house-baked muffin (Blueberry, Banana Nut, or Bran Raisin)

Fresh Fruit Cup

Yogurt Parfait

Tropicana Juice or Bottled Water

\$7.50

Lunch

Choice of sandwich, cookies, chips, fruit, and a bottled beverage

- **Turkey, Bacon, Cheddar on Texas Toast**
- **Grilled Chicken Breast Wrap with Pepperjack & Chipotle Mayonnaise**
- **Chicken Salad Wrap with Bacon, Lettuce, and Tomato**
- **Ham and Swiss with Pesto Mayonnaise on a Pretzel Roll**
- **Chesapeake Shrimp Salad Wrap**

\$10.00

****Vegetarian and Gluten Free Options available upon request****

****No minimum order and free local delivery**

Please call 410-704-3480 or e-mail bgcatering@towson.edu by 5pm to place your order for the next business day

